



# OAG Overseas Uzbekistan



IN PARTNERSHIP WITH INTREPID TRAVEL

@outdooradventuregirlsuk

# Our Travel Style

Our global network of local experts deliver the types of experiences that can't be Googled. Immersive trips that enable you to explore authentic local culture in a sustainable, experience-rich way. We love the highlights, but the real magic for us happens well away from a beaten path, the real life experiences you won't find in a search engine.

## Uzbekistan Experience 10 days/ 9 nights

### About Your Trip

#### Start Location

Tashkent

#### Finish Location

Tashkent

#### Accommodation

9 nights Hotel

#### Included Meals

Breakfast (9)

Dinner (6)

#### Transport

Per Daily Itinerary

#### Leader/Guide

English Speaking Leader  
throughout

#### Included Activities

Per Daily itinerary

#### Entrance/Admission Fees

Where applicable with  
included activities

#### Airport Transfers

Arrival and departure transfers are  
included on a group basis

#### Exclusions

- International Flights
- Any visas required
- Services not mentioned in the itinerary
- Late check out at hotels
- Meals and drinks not mentioned in the itinerary
- Drinks with included lunches and dinners
- Tips for leaders, guide and driver
- Expenditure of personal nature
- Personal Insurance
- Optional activities

We offset these emissions on your behalf. But we know that is not enough, so we also have a [carbon reduction target](#).

## Safe and responsible travel, always.

As you look to get back on the road, we continue to ensure our trips are safe for everyone. That includes our travellers, our leaders and crew and the people we visit along the way. Our health and safety policies follow recommendations from the World Health Organization and the World Travel & Tourism Council's (WTTC) Safe Travel protocols for tour operators. Before we resume trips in any destination, our itineraries undergo a comprehensive risk assessment and audit, while leaders and suppliers will complete COVID-19 health and safety training. We have also introduced specific policies around testing and vaccination for your safety.



### Who we are

For over 30 years we've been taking travellers around the globe, on small group tours with like-minded Intrepid people. Our extensive COVID-19 Health & Safety Guidelines ensure your wellbeing is looked after during your travels.



### Safe travels

We're with you every step of the way through our value chain - from our suppliers, to our on ground operations and leaders.



### Certified B Corp

When we became certified as the world's largest travel B Corp in 2018, it was not only our official pledge to be a responsible business, but also a promise to be the best travel company for the world.

## About your Tour Leader

### Tour leader

On this trip you will be accompanied by one of our tour leaders. The aim of the tour leader is to take the hassle out of your travels and to help you have the best trip possible.

Your leader will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious and social aspects. We aim to support local guides who have specialised knowledge of the regions we visit. If you were interested in delving deeper into the local culture at a specific site or location then your leader can recommend a local guide service in most of the main destinations of your trip.

# Uzbekistan Experience Itinerary

**Day 1: 14 June 2025**

**Tashkent**

**Meals: Dinner**

Xush kelibsiz! Welcome to Uzbekistan. Your adventure begins in the largest city in Central Asia, Tashkent. Your welcome meeting will commence at 18:00. If you arrive early, maybe take a walk to see some of the contemporary architecture that sets this city apart from many other Silk Road destinations. Your welcome meeting will be followed by a welcome dinner at a traditional restaurant.

## **Included Activities**

Welcome dinner

## **Arrival Transfer**

Included on a group basis

## **Accommodation**

Regal Stay or similar

## **Special information**

It's very important that you attend the welcome meeting as we will be collecting insurance and emergency contact details at this time. If you are going to be late please let your travel agent or hotel reception know. Ask reception or look for a note in the lobby for more information on where the meeting will take place.

**Day 2: 15 June 2025**

**Tashkent**

**Meals: Breakfast**

After breakfast, enjoy a morning of sightseeing in Tashkent. Visit the stunning Khast Imom Complex, Chorsu Bazaar, Metro Stations and Amir Timur Square. Finish at Broadway Alley where you can find a spot for lunch and enjoy the rest of the day at leisure.

## **Included Activities**

Tashkent city tour

## **Accommodation**

Regal Stay or similar

**Day 3: 16 June 2025**

**Tashkent - Samarkand**

**Meals: Breakfast**

Have an early breakfast this morning to meet your high speed train to Samarkand at 8:00. Today you'll visit the beautiful Ulugbek Observatory followed by the Afrosiab Museum. Later, take part in a paper making workshop. Konigil, a village near Samarkand has the "Meros" paper mill, founded by well-known masters the Mukhtarov brothers. Thanks to their efforts the local factory revived an ancient tradition based on old Samarkand technologies. You'll also get the opportunity to visit the ceramic workshop.

Enjoy the rest of the day at leisure.

## **Included Activities**

High speed train ticket  
Ulugbek Observatory  
Afrosiab Museum  
Meros - paper making workshop and ceramic workshop

#### **Accommodation**

Khan Hotel or similar

#### **Day 4: 17 June 2025**

##### **Samarkand**

**Meals: Breakfast, Dinner**

Today enjoy more of what Samarkand has to offer and spend time at the Shahi Zinda Complex, Gur-e-Amir Mausoleum and Registan Square before hitting the shops at the Siab Bazaar (closed Mondays). After a busy morning of sightseeing, relax at Bagizagan Winery with a local wine tasting.

This evening, experience a master class of preparing a traditional Uzbek meal with a local family in Samarkand and dine together.

#### **Included Activities**

Samarkand city tour  
Bagizagan Winery wine tasting  
Cooking class with dinner

#### **Accommodation**

Khan Hotel or similar

#### **Day 5: 18 June 2025**

##### **Samarkand - Bukhara**

**Meals: Breakfast, Dinner**

This morning, depart to Bukhara by high speed train (There are two morning trains: 10:46-12:29/11:19-13:02). Enjoy a half day exploring the city. See the sights of Sitorai Mohi Hosa, Chashma Ayub Mausoleum, Ismail Samani Mausoleum and Bolo Khauz.

This evening, have dinner with a traditional folklore performance in Medressa.

#### **Included Activities**

High speed train ticket  
Bukhara city tour  
Dinner and folklore performance

#### **Accommodation**

Hotel Malika or similar

#### **Day 6: 19 June 2025**

##### **Bukhara**

**Meals: Breakfast, Dinner**

A UNESCO World Heritage-listed site, Bukhara is widely regarded as Central Asia's holiest city. This morning, visit the Lyabi Khauz Complex, the ruins of the 5th-century Ark Fortress and the imposing Poikalon complex.

You'll have free time to explore the city at your own leisure before the evening when you'll visit the private house of Rahmon, a 6th generation suzani embroidery master. He is the only male master and is the master No. 1 in suzana embroidery in Bukhara. In his house there is a gallery where you can see his works, and there are also works that have been preserved from generations.

For dinner tonight, partake in a master class in how to cook a national meal "Dimlama" (stewed meat with vegetables).

#### **Included Activities**

Ark Fortress  
Poikalon Complex: Kalon Minaret & Mosque  
Lyabi Khauz Complex  
Local visit with Rahmon  
Master class with dinner

#### **Accommodation**

Hotel Malika or similar

#### **Day 7: 20 June 2025**

##### **Bukhara - Khiva**

##### **Meals: Breakfast**

Today, take the drive to Khiva. You'll travel through the Kyzyl-Kum (Red Sands Desert) – the largest desert area in Central Asia. It's long been inhabited by various nomadic people. Stop for photos, lunch and a walk in the desert to learn about the unique flora and fauna of the region

#### **Accommodation**

Hotel Minor or similar

#### **Day 8: 21 June 2025**

##### **Khiva**

##### **Meals: Breakfast, Dinner**

Take a full day to explore Khiva with your leader. This city is well preserved and perfect for exploring on foot, with impressive walls that mark the boundaries of the Old City. During your day, you'll visit Muhammad Aminhon Madrassah, Kalta Minor, Kunya Ark, Muhammad Rahimhon Madrassa, Islom Hoja Minaret & Medressa, Juma Mosque and Tosh Houli Palace.

Relax this afternoon before dinner with aperitif rooftop drinks with panoramic views of the sunset.

To wrap up your day, do a cooking class with a local family where you'll learn to make traditional Khorezmian cuisine.

#### **Included Activities**

Full day tour  
Aperitif rooftop drinks at sunset  
Cooking class with dinner

#### **Accommodation**

Hotel Minor or similar

#### **Day 9: 22 June 2025**

**Khiva - Urgench - Tashkent**

**Meals: Breakfast, Dinner**

After breakfast, head to the airport to take a morning flight back to Tashkent. (HY-052 at 09:35-11:05)

Enjoy a free afternoon in Tashkent before your farewell dinner at a traditional restaurant

**Included Activities**

Farewell dinner

**Accommodation**

Regal Stay or similar

**Day 10: 23 June 2025**

**Tashkent**

**Meals: Breakfast**

Services end after breakfast. Check out of the hotel before 12:00.

**Departure Transfer**

Included on a group basis

# Important Information

## **Problems and emergency contact information**

While we always endeavour to provide the best possible holiday experience, due to the nature of travel and the areas we visit sometimes things can and do go wrong. Should any issue occur while you are on your trip, it is imperative that you discuss this with your group leader or local representative straight away so that they can do their best to rectify the problem and save any potential negative impact on the rest of your trip.

We recognise that there may be times when your group leader or local representative may not be able to resolve a situation to your satisfaction - if this is the case, please ask the group leader or local representative to speak to their direct manager.

You may also choose to provide details in your online feedback, which we ask you to complete within 30 days of the end of your trip. Please do be aware that it is very difficult for us to provide any practical help after the trip is completed, so informing us while still travelling will give us the opportunity to resolve the issue in real-time.

For general contact details please use the following page: <http://www.intrepidtravel.com/ourtrips/contact/>

In case of a genuine crisis or emergency, you can reach our local office on the numbers below:

Available for phone call or WhatsApp call on +99893 3337248, +99891 5206833

## **Passports, visas and entry requirements**

Please note that South African passport holders can be required to apply for paper visa prior to travel and may not be eligible to the visa free schemes for some countries in Central Asia, ie. Uzbekistan and Kazakhstan. We may be able to support the Letter of Invitation (LOI) application at an extra expense, depending the required documents. Please check with your nearest embassies on the visa application requirement and we recommend applying no less than 2 months in advance to allow time for LOI issuance and visa application prior to your travel.

### **PASSPORT**

You'll need a valid passport to travel internationally and most countries require your passport to have a minimum of 6 months validity, so remember to check the expiry date.

We need your passport information to get everything ready for your trip so it's important that the information on your booking matches your passport exactly. Please take care to provide the correct details. We recommend carrying a copy of the photo page of your passport while travelling and leaving a copy at home with family or friends.

### **VISAS & ENTRY REQUIREMENTS**

Many countries require a visa and obtaining the correct visa for your trip and any countries you may transit through is your responsibility. We recommend you check your visa requirements as soon as you have booked your trip. This will ensure you have time to prepare your documents and for your visa application to be processed. You can check the entry requirements for your nationality on your government's foreign travel advisories, consular websites or on our page here: <http://www.intrepidtravel.com/visa-entry-requirements>

### **REGISTRATION IN UZBEKISTAN**

All visitors to Uzbekistan must register with the local department of the Ministry of Internal Affairs within 3 working days after arrival. When staying at a hotel, you will be registered automatically. Please ensure you keep any registration documents issued by the hotel until you exit the country.

## **Medical and health information**



## **GENERAL HEALTH**

All travellers need to be in good physical health in order to participate fully on this trip. For the safety and wellbeing of yourself and others, if you are unwell prior to travelling, please stay at home and contact us to make alternative arrangements.

When selecting your trip please make sure you have read through the itinerary carefully and assess your ability to manage and enjoy our style of travel. Please note that if in the assessment of our group leader or local representative a traveller is unable to complete the itinerary without undue risk to themselves and/or the rest of the group, we reserve the right to exclude them from all or part of a trip without refund.

You should consult your doctor for up-to-date medical travel information or for any necessary vaccinations before departure. We recommend that you carry a first aid kit as well as any personal medical requirements in their original packaging as they may not easily be obtained while travelling. If you are carrying medication, ensure you check your government's foreign travel advice for any local restrictions or requirements.

## **CENTRAL ASIA:**

Some medications available over the counter or by prescription in your home country, such as sleeping tablets, may be illegal or restricted in Central Asia. Ensure you have a copy of any prescriptions as well as a letter from your doctor and be prepared to declare any prescription medication at customs.

Travel in forested areas brings the risk of exposure to tick-borne diseases. Ticks are very common in country areas and are most active from spring to autumn. Take precautions against insect bites, including the use of insect repellent.

Medical facilities are limited in Central Asia, with doctors and clinics often requiring payment in cash prior to providing services, even for emergency care. Standards in remote areas will be very basic.

The diet and hygiene standards of Central Asia may be very different from what you are used to so please take care with washing hands before meals etc and bring some medication/re-hydration salts etc should you experience stomach problems.

Giardia intestinalis, a parasite that can cause diarrhoea, is reported from time to time in the water supply and which may not be eradicated by purification methods such as tablets or iodine are used. For this reason we recommend against drinking unboiled tap water in all Central Asian cities.

Malaria is endemic in the southern and western parts of the country bordering Tajikistan and Uzbekistan, particularly in Batken, Osh and Zhele-Abdskaya provinces.

## **Food and dietary requirements**

While travelling with us you'll experience the vast array of wonderful food available in the world. Your group leader or local representative will be able to suggest restaurants to try during your trip. To give you the maximum flexibility in deciding where, what and with whom to eat, generally not all meals are included in the trip price. This also gives you more budgeting flexibility. As a rule our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. If you have dietary requirements and/or food allergies, please let your booking agent know prior to departure.

## **CENTRAL ASIA**

The Central Asian diet relies heavily on meat based dishes. There are options available for vegetarians, however these may at times be limited to plain noodles, bread, fruit, nuts, yoghurt, cheese, eggs etc. Those with particular dietary needs may choose to supplement meals with supplies bought from home or stock up at markets and supermarkets as you travel.

## **Accommodation**

The style of accommodation indicated in the day-to-day itinerary is a guideline only and may change. On some occasions, alternative arrangements may need to be made due to the lack of availability of rooms in our preferred

accommodation. In these cases, we will use a similar standard of accommodation.

Throughout the trip, we request that our properties prepare rooms in time for our arrival, especially if we're arriving prior to normal check-in time. However, this isn't always possible which means we won't be able to check-in immediately on arrival at some hotels. Instead, we can store our luggage and explore our new destination or on some trips, have use of shared day rooms until all rooms are available.

Check in for Tashkent is generally 2:00pm. If you plan on arriving earlier, we recommended you book a one-night in advance to guarantee you will be able to check in immediately, as hotels are often full during high season.

## **Money matters**

### **SPENDING MONEY**

When it comes to spending money on the trip, every traveller is a little different. You know your spending habits better than we do, so please budget an appropriate amount for things like optional meals, drinks, shopping, optional activities, and laundry. Make sure you have read the itinerary and inclusions thoroughly so you know what is included in the trip price and what you may need to pay for while travelling.

### **CONTINGENCY FUNDS**

We try to plan for every eventuality, but there are still some things beyond our control. We reserve the right to change an itinerary after departure due to local circumstances or a Force Majeure Event. In such emergency circumstances, the additional cost of any necessary itinerary alterations will be covered by you. Please note we are not responsible for any incidental expenses that may be incurred as a result of the change of itineraries including but not limited to visas, vaccinations or non-refundable flights. Make sure you have access to an extra US\$500 for emergencies (e.g. severe weather, natural disasters, civil unrest) or other events that result in unavoidable changes to the itinerary (e.g. transport strikes or cancellations, airport closures). Sometimes these things necessitate last-minute changes to enable our trips to continue to run, and as a result, there may be some extra costs involved. The recommended amount is listed in USD for the relatability of universal travellers, however, local currency may be needed once in the country to cover these costs.

### **UZBEKISTAN:**

The currency is the Uzbekistan som (UZS). UZS cannot be obtained outside of Uzbekistan, so you will either need to bring USD or EUR with you to exchange or use an ATM to withdraw. We recommend bringing some cash and a card for times when you cannot access an ATM or they are out of money. Visa cards are said to be the most accepted for ATM withdrawals as some Mastercard holders have reported issues. ATMs can be found in main cities like Tashkent and Samarkand. Cash can be exchanged at the Currency Exchange at Tashkent Airport or at bank while credit cards can be accepted in some upmarket places but not widely. Some souvenir sellers and tourist restaurants may accept USD or EUR as payment but all other purchases in Uzbekistan must be made in local currency. It is difficult to exchange UZS into other currencies outside of the country, so ensure you budget well or exchange at a bank before departure.

### **TIPPING**

If you are happy with the services providing a tip - though not compulsory - is appropriate. While it may not be customary to you, it is of great significance to the people who will take care of you during your travels, inspires excellent service, and is an entrenched feature of the tourism industry across many Intrepid destinations. We recommend that any tips are given to the intended recipient by a member of your group, rather than collected and passed on by the group leader.

The following amounts are based on local considerations and feedback from our past travellers:

Restaurants: Please check the bill and if there's an addition of service charge, there's no requirement for tipping. Otherwise, around 5-10% of the bill is appropriate for tipping.

At local markets and basic restaurants: Leave the loose change.

Local guides and Driver: Throughout your trip you may at times have a local guide in addition to your leader. We suggest US\$2 - 3 per person, per day for local guides and driver.

### **YOUR GROUP LEADER OR LOCAL REPRESENTATIVE**

You may consider tipping your group leader or local representative for outstanding service throughout your trip. The amount is entirely a personal preference however as a guideline 4-7 USD or EUR per person (in a currency relevant to your destination), per day can be used. Of course, you are free to tip more or less as you see fit, depending on your perception of service quality and the length and involvement of your group leader or local representative on your trip.

### **Packing**

What you need to bring will vary according to the trip style you have chosen, the countries you are visiting and when you are travelling. We recommend you pack as lightly as possible, ensuring that you are able to carry and lift your own luggage and walk with it for short distances or up or down a flight of stairs. Help will be on hand in most locations, but there may be times you need to handle your own luggage, for example in airports and train stations.

A lockable suitcase with wheels is ideal for this trip. It is recommended that you keep your main luggage weight around 15kg and certainly no more than 20kg. A small or medium-sized backpack (45-50 litres) is another good option.

You'll also need a day pack/bag to carry water, camera, jacket, etc. when you're exploring during the day.

Below is a link to our ultimate packing list, a guide to get you started:

<https://www.intrepidtravel.com/packing-list>

### **Climate and seasonal information**

Best time to travel in Uzbekistan is Spring (April to June) and Autumn (September to October). Be prepared for hot and dry weather if you are to travel during the summer time, esp. in the central and western part of the country close to Kyzylkum Desert, with the temperature getting to around 40 °C during the day. In winter the temperature in general will drop below 0°C all over the country with coldest part as low as -35 °C.

### **Group Leader**

All group trips are accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. Premium leaders are Intrepid's most experienced, with in-depth knowledge and extensive local networks to make it a trip of a lifetime.

Your leader will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious, and social aspects. At Intrepid we aim to support local guides who have specialised knowledge of the regions we visit. When not already included in your trip, your leader will be able to recommend a local guide service who can share more detailed or specialised information at specific sites should you be interested in delving deeper.

### **Safety**

Most national governments provide regularly updated foreign travel advice on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure and ensure that your travel insurance covers you for all destinations and activities on your trip. Please refer to our website's safety page for links to major travel advisories and updates on safety issues affecting our trips here: <https://www.intrepidtravel.com/travel-alerts>

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe-keeping of your passport, flight tickets, cash and other valuable items. Leave your jewellery at home - you won't need it while

travelling. Many of our hotels have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Your group leader or local representative will accompany you on all included activities, however, during your trip you'll have some free time to pursue your own interests or relax and take it easy. While your group leader or local representative will assist you with the available options in a given location, please note that any optional activities you undertake are not part of your Intrepid itinerary, and Intrepid makes no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Please also note that your group leader or local representative has the authority to amend or cancel any part of the trip itinerary if it's deemed necessary due to safety concerns.

Intrepid's operational safety policies can be viewed on our website at the link below. We recommend that you take a moment to read through this information before travelling, and would appreciate any feedback on how safety is being managed on our trips.

<https://www.intrepidtravel.com/safety-guidelines>

## **UZBEKISTAN**

Uzbekistan is generally a very safe place to travel. Petty crime targeting foreigners and tourists sometimes occurs in Uzbekistan. A regulation has been introduced allowing only licensed taxis (with certain colour and signs and card payment equipment) to operate in Uzbekistan. However, unlicensed taxis continue to operate. You should use official taxis where possible. There have been reports of robberies by individuals posing as police officers. Avoid obvious displays of wealth, particularly in rural areas. Crime levels are higher at night. Avoid walking alone.

It is illegal to photograph government and military buildings. This may result in confiscation of equipment or detention. Check before taking photographs of government or security infrastructure.

There is a ban on the sale of alcohol and tobacco to those under 20.

Homosexuality is illegal under Uzbek law and is still very much frowned upon socially. You should take care over public displays of affection.

### **Community guidelines**

Intrepid won't tolerate any kind of violence, harassment (whether physical, verbal or sexual), or disrespect toward fellow travellers, our teams or local communities.

To ensure the wellbeing of everyone on the trip, decisions made by your group leader are final.

Romantic relationships between travellers and group leader or local representative are not permitted while on trip.

Any behaviour that prevents your leader from continuing the itinerary as planned, breaks local laws or opposes any of these guidelines may result in Intrepid denying your booking or removing you from the trip.

If something concerns you during your travels, please speak to your group leader immediately. Alternatively, you can contact us on the emergency contact number detailed in the Problems and Emergency Contact Information section of this Essential Trip Information.

### **Travelling on a group trip**

As you travel on a group trip you will be exposed to all the pleasures and maybe some of the frustrations of travelling in a group. Your fellow travellers will probably come from all corners of the world and likely a range of age groups too. We ask you to be understanding of the various needs and preferences of your group - patience with your fellow travellers is sometimes required for the benefit of everyone's travel experience. Remember too that you have responsibilities to the group. If you are requested to be at a place at a certain time, ensure that you don't keep the rest of the group waiting. We have found time and time again that the very best trips we operate are those where the dynamics within the group work well - this takes just a little effort on your part. Due to privacy reasons,

we are unable to provide you with contact details and any personal information about your fellow travellers booked on your trip prior to departure.

## **SOLO TRAVELLERS**

The beauty of our style of travel is that it caters to travellers who are travelling solo and who want to meet and share experiences with like-minded people.

On our trips rooming is organised on a twin-share basis. We pair up solo travellers with another traveller of the same gender as per the gender marker on each of their passports.

As a responsible tour operator, we strive to create a safe and inclusive environment for everyone. In the case that your gender identity differs from what is indicated on your passport, please contact us so that we can discuss rooming options with you.

We also have an optional single supplement available on most trips for travellers who prefer to have their own room. Please note that this only applies to accommodation during the tour. Pre-trip and post-trip accommodation booked through us will be on a single room basis.

On a small selection of itineraries some accommodations are booked on an open gender, multi-share basis (for example on a felucca in Egypt or an overnight train in Vietnam). In those instances it will clearly be stated in our Essential Trip Information prior to booking and travelling.

## **Travel insurance**

Travel insurance is compulsory on all our trips for those travelling internationally. We require that at a minimum you are covered for medical expenses including emergency repatriation. If you are travelling within your home country or region please confirm before travel that you are entitled to access the public medical system easily should an accident occur. We strongly recommend all travellers have a policy that also covers personal liability, cancellation, curtailment and loss of luggage or personal effects. For international trips, you will not be permitted to join the group until evidence of travel insurance and the insurance company's 24-hour emergency contact number has been sighted by your group leader or local representative.

If you have credit card insurance your group leader or local representative will require details of the participating insurer/underwriter, the level of coverage, policy number, and emergency contact number rather than the bank's name and your credit card details. Please contact your bank for these details prior to arriving in-country.

For travellers who reside within the European Union, Switzerland or USA the requirement to purchase travel insurance cannot be compulsory. However the purchase of travel insurance is still highly recommended, and travellers from these regions who decline travel insurance when travelling outside of their home region must sign a Travel Insurance Waiver Form at the Group Meeting, recognizing personal responsibility for emergency medical and repatriation costs should they arise.

For assistance with travel insurance or other services, please visit the link below:

<https://www.intrepidtravel.com/booking-resources/our-services>

## **Responsible travel**

Our Responsible Travel Policy outlines our commitment to preserving the environment, supporting local communities, protecting the vulnerable, and giving back to the places we travel. All our trip group leaders or local representatives, suppliers, and staff are trained on these principles and are core to us delivering sustainable, experience-rich travel.

Explore the different parts of our Responsible Travel Policy by visiting:

<https://www.intrepidtravel.com/responsible-travel>

## **LOCAL DRESS**

We recommend that you dress respectfully at all stages of the trip especially when in and around religious sites. In Central Asia both men and women generally dress very conservatively by covering their legs and shoulders. Women are advised to cover their heads when entering functioning Orthodox churches and mosques, while men should remove their hats.

### **The Intrepid Foundation**

We created our not-for-profit, the Intrepid Foundation because you – our travellers – told us you wanted to make an even greater impact in the communities you visit.

The Foundation works by teaming up with partners around the world so that together we can deliver greater positive impact at scale. Partners are identified by our local staff who live and work in our destinations. They harness their powerful community connections to determine the issues that matter most and select local partners who can deliver real solutions.

Since 2002, the Intrepid Foundation has raised more than \$14million dollars and supported more than 160 communities worldwide. Now, with over 40 partners all over the world, your donations are helping to restore forests in Kenya, empower women in Honduras and promote elephant welfare in Laos, to name just a few.

For more information about the Intrepid Foundation, please ask your group leader or local representative or visit our website: <http://www.theintrepidfoundation.org/>

This trip directly supports Eden Reforestation Projects, who are tackling climate change by restoring forests across the world; they also hire locally and create job opportunities within local communities. Donations support restoration across planting sites in 10 countries, including Madagascar, Kenya and Nepal.

To find out more or make a donation, visit: <http://www.theintrepidfoundation.org/t/eden-reforestation-projects>

# Booking Conditions

By booking this Intrepid Travel Tailor-Made Adventure, you agree to the Intrepid Standard Booking Conditions <https://www.intrepidtravel.com/au/booking-intrepid/booking-conditions> and any deviations specified below that apply to your Tailor-Made booking as set out below.

If you are making a booking on behalf of a group, you must ensure each traveller has read and agrees to our Booking Conditions before making the booking.

- You must provide a travellers' name list and details including name as per passport, passport number and expiration date, nationality, DOB, gender, rooming requirements, dietary requirements, medical concerns at least 60 days prior to departure of the trip.
- All rates are per person, based on indicated numbers travelling together as one movement. Any changes to the group size at any time before or after confirmation of services will require the trip to be repriced.
- The details set out in your proposal are a quotation only. The pricing and itinerary are subject to availability of accommodation, transport, leaders, and other suppliers at time of booking. We reserve the right to amend and requote itinerary if such suppliers are not available.
- By making your payment, you are agreeing to the most recent itinerary and price quote. All revisions will be subject to requote and additional approval.
- A contract will exist when we accept your deposit.
- If we, or a third-party operator, is required to make amendments to your original proposal, subsequent pricing may become applicable to your booking.
- Any changes to the itinerary made by you AFTER services have been confirmed will require a revised quote and may be subject to an additional charge (as levied by hotels, ground operators or airlines). No additional changes are permitted within 30 days prior to departure.
- Hotels listed in the quote are indicative only and are subject to change. If the hotel listed in the quote is unavailable, we will confirm an alternative hotel of similar standard.
- If complimentary transfers are included, (on a group basis) they are only applicable if going to accommodation booked through us. Please advise flight arrival details (flight number and arrival time) at least 30 days prior to departure if you wish to have this transfer provided. There is no guarantee we can arrange this transfer if we receive these details within 30 days of departure.
- Some Tailor-Made tours, such as our Tailor-Made Australia trips, may have cancellation terms that deviate from those set out in the Intrepid Standard Booking Conditions. Your Tailor-Made consultant will advise you of the cancellation conditions that apply to your booking prior to you paying your deposit.
- You acknowledge that you are choosing to travel at a time where you may be exposed to the COVID-19 virus. We will take all reasonable steps to ensure your safety and may require you to follow additional safety protocols before and during your trip. Depending on the most recent health information available to us, we may require you to comply with mandatory health policies, including the need for proof of vaccination or medical tests. More information can be found on our Covid-19 Customer Information page [here](#). Please note that these policy requirements are subject to change following advice from relevant authorities.