



OAG OVERSEAS BALI, INDONESIA

7-16 JULY 2023



IN PARTNERSHIP WITH **INTERPID TRAVEL**

#OutdoorAdventureGirls

Our Travel Style

Our global network of local experts deliver the types of experiences that can't be Googled. Immersive trips that enable you to explore authentic local culture in a sustainable, experience-rich way. We love the highlights, but the real magic for us happens well away from a beaten path, the real life experiences you won't find in a search engine.

Outdoor Adventure Girls - Bali Group Tour

10 days/ 09 nights

About Your Trip

Start Location/Finish Location

Seminyak

Accommodation

9 nights x Hotel

Rooming Requirements

Twin Share

Included Meals

Breakfast (9)
Lunch (2)
Dinner (2)

Transport

Per Daily Itinerary

Leader/Guide

English Speaking Leader
throughout

Included Activities

Per Daily itinerary

Entrance/Admission Fees

Where applicable with
included activities

Airport Transfers

Arrival and departure transfers are
included on a group basis

Support

24-hour support from our local
office

Exclusions

- International Flights
- Any visas required
- Services not mentioned in the itinerary
- Late check out at hotels
- Meals and drinks not mentioned in the itinerary
- Drinks with included lunches and dinners
- Tips for leaders, guide and driver
- Expenditure of personal nature
- Personal Insurance
- Optional activities

Safe and responsible travel, always.

As you look to get back on the road, we continue to ensure our trips are safe for everyone. That includes our travellers, our leaders and crew and the people we visit along the way. Our health and safety policies follow recommendations from the World Health Organization and the World Travel & Tourism Council's (WTTC) Safe Travel protocols for tour operators. Before we resume trips in any destination, our itineraries undergo a comprehensive risk assessment and audit, while leaders and suppliers will complete COVID-19 health and safety training. We have also introduced specific policies around testing and vaccination for your safety.

On the 29th July 2021 we introduced new safety measures that apply on all of our trips, except for tours in Australia and New Zealand. Travellers are required to produce:

- Proof of COVID-19 vaccination

In all cases, you must be fully inoculated. This means you must receive the full dosage of the COVID-19 vaccine and allow enough time for immunity to take effect. Each COVID-19 vaccine has different dosages and timeframes for inoculation, so please check the relevant medical advice associated with your vaccine.

These new safety measures that apply on all of our trips, except for tours in Australia, New Zealand and the Cook Islands. From the 1st December 2021 travellers are required to produce proof of COVID-19 vaccination on all of our trips.

If you are unable to be vaccinated for medical reasons, you may apply for an exemption. Exemptions will be assessed on a case-by-case basis. To apply, you must provide a medical certificate from a medical professional.

Children under 18 are exempt. Children aged between 5 and 17 years old must provide proof of either vaccination, recovery or a negative COVID-19 test. Please see the below section on children for further details. .



Who we are

For over 30 years we've been taking travellers around the globe, on small group tours with like-minded Intrepid people. Our extensive COVID-19 Health & Safety Guidelines ensure your wellbeing is looked after during your travels.



Safe travels

We're with you every step of the way through our value chain - from our suppliers, to our on ground operations and leaders.



Certified B Corp

When we became certified as the world's largest travel B Corp in 2018, it was not only our official pledge to be a responsible business, but also a promise to be the best travel company for the world.

About your Tour Leader

Local Guide & Tour Leader

On this trip you will be accompanied by one of our tour leaders. The aim of the tour leader is to take the hassle out of your travels and to help you have the best trip possible. Your leader will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious and social aspects.

In addition to your tour leader, for certain inclusions you will be accompanied by a local guide. A local guide has specialised knowledge of a site or location you are visiting. If there is a local guide provided for a particular activity, this will be listed in your day by day itinerary.

Outdoor Adventure Girls - Bali Group Tour Itinerary

Day 1 - 07th July 2023

Destination: Arrival Seminyak

Meals Included: Dinner

Welcome to Bali! Travel to Bali and discover Indonesia's beautiful island escape. Dotted with small, character-filled villages, smouldering volcanoes rising out of lush rich fields, idyllic beaches and colourful reefs, Bali is the perfect island getaway.

Upon arrival you will be picked up by the driver and transfer you to your hotel in Ubud. There will be a short briefing by the leader and enjoy a group arrival dinner.

Arrival Transfer

- Included

Accommodation

Maison at C Boutique Hotel – Superior Room/Harris Hotel Seminyak – Harris Room or similar

<http://www.maisonbalihotel.com/> or <https://bit.ly/GMBSeminyak>

Day 2 - 08th July 2023

Destination: Seminyak - Ubud

Meals Included: Breakfast & Lunch

After breakfast, meet our friends, a local woman who will show us how to make a traditional offering of fresh flowers, tell us what it means, and why they do it. Offerings have deep cultural meanings and are part of a Balinese woman's everyday life. After you make your own offering, we will be invited into a private family temple for a mini lesson about the symbolism of the statues and alters inside. We'll then enjoy a traditional Balinese feast with a beautiful jungle view.

Next, jump on the car, as you will continue your journey to visit the Tirta Empul Water Temple en route for purification. Tirta Empul, translating as holy water spring, was built in the 10th century as a place of ritual purification for Balinese Hindus and is still very much in use. This is the real deal, and you'll see the local Balinese come here to bathe in the pools and purify themselves under the waterspouts. Next, head to the stunning rice terraces village at Sidemen where you will have 2 nights here.

Included Activities

- Balinese Offering Making
- Purification at Tirta Empul Temple

Accommodation

Anumana Ubud – Superior Lagoon View or similar

<http://www.anumanaubud.com/>

Day 3 - 09th July 2023**Destination:** Ubud**Meals Included:** Breakfast & Lunch

Today you will have an experience to learn how to make a Balinese cuisine in the sacred village of Sidemen. Led by a local chef who is experienced in making Balinese specialties in the village. You will prepare organic ingredients taken from the garden before starting the cooking process at the open-air kitchen surrounded by organic farms and breathtaking rice field views. Enjoy your homemade food for lunch today!

The rest program will be free at leisure.

Included Activities

- Morning Cooking Class

Accommodation

Anumana Ubud – Superior Lagoon View or similar

<http://www.anumanaubud.com/>

Day 4 - 10th July 2023**Destination:** Ubud**Meals Included:** Breakfast

After breakfast, you will have a day tour to visit some places. First stop, you will visit Tukad Cepung Waterfall. The flow of the Tukad Cepung waterfall falls from a height of 15 meters with a cliff that surrounds it like a bowl. The falls looks like a white curtain covering one part of the cliff. Enjoy the beautiful of the sun rays peek through the falls resulting in beautiful light ray.

Afterwards, continue your trip to World's Third Cleanest Village, Penglipuran Village. Located not too far from Kintamani and set along a hilly countryside, the village of Penglipuran is a delightful, well-kept village composed of wide, brick roads, lined with rows of charming, antique traditional houses interspersed with neatly manicured gardens. The village is traditionally constructed, remaining true to traditional methods of bamboo architecture. In this bamboo village, almost everything around you are made from the abundant plant: kitchens, majestic gates and doorways, furniture, roofs and gates. Many of the styles and creations, such as the bamboo roof shingles, are unique to this little community and not found elsewhere.

Next, drive to the North to visit Tegallalang Rice Fields. The rice fields are situated in a valley that offers extraordinarily scenic lookouts over the terraces and surrounding green landscape. Along with the ones in the villages of Pejeng and Campuhan, Tegallalang Rice Fields form the three most stunning-looking terraced landscapes in Ubud region.

Included Activities

- Tukad Cepung Waterfall
- Penglipuran Village
- Tegallalang Rice Terrace

Accommodation

Anumana Ubud – Superior Lagoon View or similar

<http://www.anumanaubud.com/>

Day 5 - 11th July 2023**Destination:** Ubud – Candidasa**Meals Included:** Breakfast

Waking up early morning, then you will drive to the North of Ubud for approximately 1.5 hour to the starting point of Mt. Batur trekking. Departs from 3:30am climb to the top of the active volcano of Mt. Batur to see the unforgettable sunrise with a spectacular views and vibrations from the holy earth fill your mind and soul.

After descending the volcano, there's an option to soak in hot springs with fantastic views over the lake and caldera before drive back to your hotel in Ubud.

Afterwards, drive back to your hotel, wrap up you luggage and check out from the hotel for your next trip to Candidasa (approx. 2 hours drive). The rest program will be free at leisure.

Included Activities

- Mt. Batur Sunrise Trekking

Optional Activities

- Natural Hot Spring – IDR 280,000 (includes selected meal)

Special Information

The summit trail starts more easily, while heading to the crater it climbs steeply with switchbacks over volcanic rocks and gravel. A good level of fitness is required. The path can be slippery, particularly after rain so good shoes are essential. Please bring your headtorch and a warm layer to wear at the summit. The climb may be cancelled during heavy rain and unsafe conditions.

Accommodation

Ramayana Candidasa – Superior Room or similar

<http://www.ramacandidasahotel.com/>

Day 6 - 12th July 2023**Destination:** Candidasa – Padang Bai – Gili Trawangan**Meals Included:** Breakfast

At appropriate time, drive to Padang Bai Port for your departure to Gili Trawangan by fast boat. The trip with fast boat would take approximately 2 hours to Gili Trawangan.

Upon arrival in Trawangan, you will walk to your hotel as there is no motorized vehicle in the island. Your hotel is located 350 meters from the port.

Special Information

You could hire a push bike in the island. Please ask your leader for hiring the bike.

Accommodation

Marc Hotel Gili Trawangan – Chamber Room or similar

<https://marchotelsandresorts.com/gilitrawangan>

Day 7 - 13th July 2023**Destination:** Gili Trawangan**Meals Included:** Breakfast

Get amongst the marine life on a snorkeling trip around the crystal waters of Gili Air. After being fitted for snorkeling equipment, head out on a motorized wooden boat around the Gili Islands. Swim out straight off the boat and catch colorful scenes of fish and sea turtles in the water. You will make a few stops at different spots around the islands.

Included Activities

- Snorkeling at Gili Islands

Accommodation

Marc Hotel Gili Trawangan – Chamber Room or similar

<https://marchotelsandresorts.com/gilitrawangan>

Day 8 - 14th July 2023**Destination:** Gili Trawangan**Meals Included:** Breakfast

Enjoy a day at leisure.

Optional Activities

- Yoga Class – IDR 200,000 (based on schedule)

Accommodation

Marc Hotel Gili Trawangan – Chamber Room or similar

<https://marchotelsandresorts.com/gilitrawangan>

Day 9 - 15th July 2023**Destination:** Gili Trawangan - Sanur**Meals Included:** Breakfast, Dinner

At appropriate time, please be ready at the port for your departure to Bali Island. Upon arrival at Serangan port, you will meet the driver and transfer you to your hotel in Sanur. The rest program will be free at leisure.

Included Activities

- Farewell Dinner

Accommodation

Hotel Griya Santrian – Garden Wing Room or similar

<http://www.santrian.com/griya-santrian>

Day 10 - 16th July 2023**Destination:** Departure**Meals Included:** Breakfast

Today is your last day in Bali. At the appropriate time, you will be picked up by the driver and transfer you to the airport for your next destination.

Departure Transfer

- Included

Important Information

- Travel is always an adventure and, as destinations reopen, there are a few challenges as everyone gets back up to speed and adjusts to the new normal. Our leaders are experts when it comes to dealing with anything unexpected along the journey, so pack your understanding and flexibility, sit back and relax while they take care of the rest.
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Package Price

All costs are per person in GBP based on indicated number of passengers travelling together as one movement. No arrangements are being held at this point and the costing is subject to availability at time of booking. In order to proceed, a deposit of GBP200.00 per person is required and the remaining balance will need to be supplied at 70 days prior to departure.

Travel Insurance

UK Residents:

For UK residents we have partnered with [InsureFor](#) to provide you with a travel insurance policy that includes Covid-19 cover. Please call our reservation team on 0808 274 5111 for an exclusive discount on your policy.

North America Residents:

For US residents we have partnered with [Allianz Global Assistance](#). Covid coverage is available through Allianz, please speak with one of their agents for information. You can contact the Allianz reservations team on 1866-884-3556.

For Canadian residents we have partnered with [Allianz Global Assistance](#). Covid coverage is available through Allianz, please speak with one of their agents for information. You can contact the Allianz reservations team on 1800-491-0851.

Australia Residents:

For Australian residents we have partnered with [nib](#) to provide you with a travel insurance policy that includes Covid-19 cover. Please contact your Tailor-Made consultant for a quote.

Essential Tour Information

Problems and emergency contact information:

While we always endeavour to provide the best possible holiday experience, due to the nature of travel and the areas we visit sometimes things can and do go wrong. Should any issue occur while you are on your trip, it is imperative that you discuss this with your group leader or our local representative straight away so that they can do their best to rectify the problem and save any potential negative impact on the rest of your trip.

We recognise that there may be times when your group leader/local partner may not be able to resolve a situation to your satisfaction - if this is the case, please ask the leader to speak to their direct manager.

You may also choose to provide details in your online feedback, which we ask you to complete within 30 days of the end of your trip. Please do be aware that it is very difficult for us to provide any practical help after the trip is completed, so informing us while still travelling will give us the opportunity to resolve the issue in real-time.

Intrepid's Indonesia Office: +62 822 3553 2507

Passports, visas and entry requirements

PASSPORT

You will need a valid passport to travel internationally. As a general rule, most countries require that your passport has a minimum of 6 months validity remaining. Your passport details are required to complete your booking. Please ensure the passport details you provide are accurate. Any errors provided may result in extra fees for making corrections in bookings. We recommend taking copies of the main passport pages and other important documents with you as well as leave copies at home with family or friends.

VISAS

Visas are the responsibility of the individual traveller. Entry requirements can change at any time. It is important that you check your government's foreign travel advisories along with the consular website of the country or countries you are travelling to for the most up to date information specific to your nationality and circumstances. Please be aware that not all visa information found online from other sources may be valid while COVID-19 restrictions are in place.

Visas can take several weeks to process, so make sure you research the requirements as soon as you have booked your trip to allow for obtaining any necessary documents as well as the application and processing time. Your booking consultant can advise on a visa processing service or you can apply yourself directly through a consulate. Below you will find general visa advice about the destinations on your trip.

Below you will find general visa advice about the destinations on your trip. Due to constantly evolving COVID-19 requirements and restrictions, please refer to your government's foreign travel advice for most up to date information.

INDONESIA:

Passport holders for most nationalities are permitted to pay for Visa on Arrival and enter Bali. The Visa on Arrival will allow for stay up to 30 days for tourism purposes. Please check here for nationalities eligible for Visa on Arrival - <https://www.imigrasi.go.id/en/permohonan-visa-republik-indonesia-wisata-...>

Visa on Arrival requirements: presentation of onward or return tickets, passport which is valid for at least 6 months; install the Peduli Lindungi mobile application; show proof of a full course of vaccination finished at least 2 weeks prior to arrival; Travel insurance that covers Covid-19 and its related expenses at USD 25,000 insurance coverage per person (booking on line through: <https://www.jagawisata.com/COVID19/>); download Pedelui Lindungi App and verify your vaccination certificate (take a copy of vaccination certificate just in case)

Visa on Arrival cost IDR 500,000 per person and can be paid through credit or debit card or cash in currencies of USD, EUR, GBP and other currencies as per set exchange rate.

Please consult with the closest embassy or consulate if your country is not on the Visa on Arrival list.

PASSPORTS

Local laws require that you must always carry identification. We recommend taking a clear photocopy of your passport photo page and photo of your visa (after arriving), to carry with you.

Medical and health information

GENERAL HEALTH

All travellers need to be in good physical health in order to participate fully on this trip. When selecting your trip please make sure you have read through the itinerary carefully and assess your ability to manage and enjoy our style of travel. Please note that if in the opinion of our group leader or local guide any traveller is unable to complete the itinerary without undue risk to themselves and/or the rest of the group, we reserve the right to exclude them from all or part of a trip without refund.

You should consult your doctor for up-to-date medical travel information or for any necessary vaccinations before departure. We recommend that you carry a first aid kit as well as any personal medical requirements as they may not easily be obtained while travelling.

COVID-19

The safety and wellbeing of our travellers, leaders, crew, staff, and suppliers continues to remain our highest priority as we travel. You can read more about how we will keep you safe on our trips, including our COVID-19 Health & Safety Guidelines here: <https://www.intrepidtravel.com/safe-travels>

HEALTH SCREENING

If you are unwell prior to travelling, please stay at home and contact us to make alternative arrangements. At the group meeting, you will be asked to complete a self-screening health form and report any COVID-19 symptoms as well as any close contact with someone who has suspected or confirmed COVID-19. If you are displaying any symptoms or have any health concerns at this time, we will follow the advice of local health authorities to determine whether medical assistance, isolation or further action is required. It's quite possible that the destination country may have different or more strict protocols in place in relations to a Covid-19 case from your home country. This may include hotel or hospital quarantine or quarantine for the group. Please check your government's travel advice or contact the closest embassies to find out the details. We ask all travellers to continue to monitor their health throughout their travels and report any relevant symptoms to their tour leader.

MANDATORY VACCINATION POLICY

From 1 December 2021, all travellers on Intrepid trips, including in Australia, New Zealand and the Cook Islands, are required to produce proof of full vaccination against COVID-19.

This policy is in addition to any specific testing or vaccination requirements for entry or exit to a destination or required by your airline. For more information, including a detailed FAQ about this policy, please visit

<https://www.intrepidtravel.com/covid19>

PRESCRIPTION MEDICATION:

Not all medications available over the counter or by prescription in your home country are available in other countries. Some may be considered illegal or a controlled substance, even if prescribed by a doctor. Always carry a copy of your prescription or a letter from your doctor stating what the medicine is, how much you take and that it's for personal use only.

MOSQUITO-BORNE ILLNESSES:

Several mosquito-borne illnesses occur in Indonesia, including malaria, dengue fever and Japanese encephalitis. The risk of infection remains low. Protect yourself against mosquito-borne illnesses by taking measures to avoid insect bites, including using insect repellent and wearing long, loose-fitting, light-coloured clothing. Speak to your doctor about prevention and vaccinations before you travel.

RABIES:

Rabies is a risk throughout Indonesia, especially in Bali. Avoid direct contact with dogs and other animals, including monkeys. Don't feed or pat them. This includes monkeys in popular markets, tourist destinations and sanctuaries

where you may be encouraged to interact with them. If bitten or scratched, immediately use soap and water to wash the wound thoroughly. Seek urgent medical attention.

Pre-exposure vaccine is available but receiving rabies vaccine prior to travel does not preclude the need for post-exposure medical evaluation and additional doses of rabies vaccine. There is a shortage of rabies vaccine in Indonesia and if you are bitten by an animal you should consider travelling to a 3rd country or your country of origin for treatment.

POISONING FROM ALCOHOLIC DRINKS:

There are known cases of poisoning from alcoholic drinks contaminated by harmful substances, most recently in Bali and Lombok. Drink only at reputable venues, avoid home-made alcohol and seek urgent medical attention if you suspect poisoning.

PROHIBITED SUBSTANCES:

Do not consume any non-prescription drugs in Indonesia, including magic mushrooms. They are highly dangerous and illegal. Indonesia carries high penalties, including the death penalty.

Food and dietary requirements

While travelling with us you'll experience the vast array of wonderful food available in the world. Your group leader will be able to suggest restaurants to try during your trip. To give you the maximum flexibility in deciding where, what and with whom to eat, generally not all meals are included in the trip price. This also gives you more budgeting flexibility. As a rule our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. If you have dietary requirements and/or food allergies, please let your booking agent know prior to departure.

INDONESIAN FOOD:

Here are 10 quintessential dishes you have to try while travelling in

Indonesia: <https://www.intrepidtravel.com/adventures/what-to-eat-in-indonesia/>

VEGETARIANS & VEGANS:

Strict vegetarians should be aware that a lot of Indonesian cooking contains fermented shrimp paste (terasi) as a basic ingredient. Chicken and eggs are also common in many dishes. Although there are many vegetarian options available, please ensure you are specific as possible when ordering food to ensure that your meal suits your dietary needs. If you are travelling to Ubud, see our guide to vegan and vegetarian

eats: <https://www.intrepidtravel.com/adventures/vegan-vegetarian-guide-to-ubud/>

Money matters

SPENDING MONEY

When it comes to spending money on the trip, every traveller is a little different. You know your spending habits better than we do, so please budget an appropriate amount for things like optional meals, drinks, shopping, optional activities, and laundry. Make sure you have read the itinerary and inclusions thoroughly so you know what is included in the trip price and what you may need to pay for while travelling.

Budget for meals not included: USD 200

The official currency of Indonesia is the rupiah (IDR). There are money exchanges and ATMs available at the airport and all major towns. ATMs are the easiest and safest way to access cash, although we also recommend that you bring and carry some cash in a major currency for when ATMs can not be accessed. USD notes older than 2000 series, as well as foreign currency notes that are old, torn, worn or damaged notes can't be changed in Indonesia.

TIPPING

Tipping can be an appropriate way to recognise great service when travelling. While it may not be customary in your home country, it is an entrenched feature of the tourism industry across many of our destinations and is greatly appreciated by the people who take care of you during your travels. It is always best to avoid tipping with coins, very small denomination notes, or dirty and ripped notes, as this can be regarded as an insult rather than the goodwill gesture it is intended to be.

OPTIONAL TIPPING KITTY

On Day 1 of your trip, your tour leader may discuss with you the idea of operating a group tipping kitty, whereby everybody contributes an equal amount and your tour leader distributes tips for drivers, local guides, hotel staff and other services included on your trip. This excludes restaurant tips for meals not included in your itinerary. The leader will keep a running record of all monies spent which can be checked at any time, and any funds remaining at the end of the tour will be returned to group members. We have found that this is easiest way to avoid the hassles of needing small change and knowing when and what is an appropriate amount to tip. Participation in this kitty is at your own discretion, and you are welcome to manage your own tipping separately if you prefer. Please note the tipping kitty excludes tips for your tour leader.

Optional tipping kitty for this trip: IDR 240 000 per person.

YOUR LEADER

You may also consider tipping your leader for outstanding service throughout your trip. The amount is entirely a personal preference; however as a guideline US\$3-6 per person (in a currency relevant for your destination), per day can be used. Of course you are free to tip more or less as you see fit, depending on your perception of service quality and the length and involvement of your leader on your trip.

EMERGENCY FUNDS:

We try to plan for every eventuality, but there are still some things beyond our control. Please make sure you bring an extra USD500 for emergencies (e.g. natural disasters or civil unrest). Sometimes these things necessitate last minute changes to our itineraries, and we can't guarantee there won't be some extra costs involved.

COMMISSIONS

Unfortunately, commissions in exchange for recommending particular shops or restaurants are an ingrained part of the tourism industry. Rather than turning a blind eye, we've tried to legitimise the practise with a centralised fund. Moneys are collected from recommended and fully vetted suppliers and funnelled back into our business. This keeps the trip cost low (for us and for you) and makes sure you only get the best experiences. If you're unhappy with any places your leader recommends, or feel the quality of the trip is being compromised in any way, please let us know in your feedback.

Climate and seasonal information

FLOODS & MUDSLIDES:

Floods and mudslides can occur during the wet season (October - March). Heavy rains during this time can result in areas of the Jakarta region being affected by flood waters. Key services, such as emergency and medical care, telecommunications, transport, and the supply of food and water are often disrupted during floods and mudslides. Should our trips be affected by floods during this time we may need to reroute our itineraries and travellers may need to use their contingency funds to cover additional costs.

VOLCANOES:

Indonesia has many active volcanoes that can erupt at any time and cause widespread disruption. Alert levels may be raised and evacuations ordered at short notice. Follow the instructions and advice of local authorities, including any evacuation orders. In the event of or following an eruption you should contact your travel insurance provider directly to ask if your policy is affected by the volcanic activity. For information regarding whether your itinerary has been affected, see our Travel Alerts page: <https://www.intrepidtravel.com/au/travel-alerts>

The most recent eruptions have been:

- Mt Agung, East Bali. Mount Agung has shown increased volcanic activity since late-September 2017. Ash from the volcano has disrupted flights. There is currently an exclusion zone around the crater, which may change at short notice.
- Mount Merapi (near Yogyakarta). Following an eruption in May 2018, people in the area were evacuated by local authorities.
- Mount Rinjani, on Lombok (near Bali), has erupted numerous times in recent years causing flight disruptions in Bali and Lombok.

EARTHQUAKES:

Indonesia is in an active earthquake region with a high level of earthquake activity, sometimes triggering tsunamis. Earthquakes can occur anywhere in Indonesia. In the event of a natural disaster, follow the advice of local authorities. In the event of or following an earthquake you should contact your travel insurance provider directly to ask if your policy is affected by the event. For information regarding whether your itinerary has been affected, see our Travel Alerts page: <https://www.intrepidtravel.com/au/travel-alerts>

The most recent earthquakes have been:

- Lombok & the Gili Islands. A series of powerful earthquakes caused widespread damage and loss of life in northern Lombok and the Gili Islands in July and August 2018. Tourist facilities such as hotels and restaurants that temporarily closed as a result of the earthquakes are progressively reopening and ferry services are operating.

Group Leader

All group trips are accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. Intrepid endeavours to provide the services of an experienced leader however, due to the seasonality of travel, rare situations may arise where your leader is new to a particular region or training other group leaders.

Your leader will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious, and social aspects. At Intrepid we aim to support local guides who have specialised knowledge of the regions we visit. If you are interested in delving deeper into the local culture at a specific site or location then your leader can recommend a local guide service in most of the main destinations of your trip.

Safety

Most national governments provide regularly updated foreign travel advice on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure and ensure that your travel insurance covers you for all destinations and activities on your trip. Please refer to our website's safety page for links to major travel advisories and updates on safety issues affecting our trips here: <https://www.intrepidtravel.com/travel-alerts>

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe-keeping of your passport, flight tickets, cash and other valuable items. Leave your jewellery at home - you won't need it while travelling. Many of our hotels have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Your leader will accompany you on all included activities, however, during your trip you'll have some free time to pursue your own interests or relax and take it easy. While your leader will assist you with the available options in a given location, please note that any optional activities you undertake are not part of your Intrepid itinerary, and Intrepid makes no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Please also note that your Leader has the authority to amend or cancel any part of the trip itinerary if it's deemed necessary due to safety concerns.

Intrepid's operational safety policies can be viewed on our website at the link below. We recommend that you take a moment to read through this information before travelling, and would appreciate any feedback on how safety is being managed on our trips.

<https://www.intrepidtravel.com/safety-guidelines>

FIRE PRECAUTIONS:

Please be aware that local laws governing tourism facilities in this region differ from those in your home country and not all the accommodation which we use has a fire exit, fire extinguishers or smoke alarms.

SEAT BELTS:

Please be aware that local laws governing transportation safety may differ from those in your home country and not all the transport which we use is able to provide seat belts.

PETTY THEFT AND PERSONAL SAFETY:

While travelling there is always the risk of pick-pocketing and petty theft, particularly in the more touristy cities. We recommend that you exercise caution when walking alone at night and encourage you to walk together and only on main, well-lit thoroughfares. Be particularly vigilant on public transport. Simple measures like carrying your day pack on your front, not hanging your bag over the back of your chair or on the floor and wearing a money belt will reduce any chance that your valuables should go missing.

MOTORBIKE BAG SNATCHING:

Be particularly aware of motorbike bag snatching, especially in the bigger cities.

BIKE HELMETS:

Helmets are provided for all included cycling activities. If you prefer you can bring your own to ensure the right fit and quality.

TERRORISM:

Many governments advise to exercise a high degree of caution in Indonesia, including Bali, Surabaya, Jakarta and

Lombok, because of the high threat of terrorist attack. See travel advisories from your country of residence for further information.

CIVIL UNREST AND POLITICAL TENSION:

Political rallies, protests and demonstrations occur regularly and can turn violent with little notice. Avoid all public gatherings of this nature and follow the advice of local authorities.

PETTY CRIME:

A range of petty crime occurs in Indonesia, particularly in tourist areas of Bali. Theft, robbery and bag snatching are common. Be vigilant for thieves on motorbikes targeting pedestrians, in crowded and popular tourist areas. Be alert in bars and nightclubs where drink spiking with toxic substances can occur. Credit card and ATM fraud occurs in Indonesia. Monitor your transaction statements and tell your bank when you'll visit Indonesia so your cards won't be blocked. Only use ATMs within controlled and secure areas such as banks, shops and shopping centres.

SCAMS:

All types of gambling are illegal in Indonesia. Travellers have lost large sums of money in card game scams run by organised gambling gangs, particularly in Bali.

TAXIS:

Only use officially licensed taxi companies you can book by phone, from inside an airport or at stands at major hotels.

A couple of rules

Everyone has the right to feel safe when they travel. We don't tolerate any form of violence (verbal or physical) or sexual harassment, either between customers or involving our leaders, partners or local people. Sexual relationships between a tour leader and a customer are strictly forbidden.

Use or possession of illegal drugs will not be tolerated on our trips. If you choose to consume alcohol while travelling, we encourage responsible drinking and expect that you'll abide by the local laws regarding alcohol consumption.

The sex tourism industry is known to exploit vulnerable people and have negative consequences on communities, including undermining the development of sustainable tourism. For this reason, patronising sex workers will not be tolerated on our trips.

By travelling with us you are agreeing to adhere to these rules. You must at all times comply with the laws, customs, foreign exchange and drug regulations of all countries visited, and you also agree to travel in accordance with our Responsible Travel Guidelines.

The decision of the group leader is final on all matters likely to affect the safety or well-being of any traveller or staff member participating in the trip. If you fail to comply with a decision made by a group leader, or interfere with the well-being or mobility of the group, the group leader may direct you to leave the trip immediately, with no right of refund. We may also elect not to carry you on any future trips booked.

If you feel that someone is behaving inappropriately while travelling with us, please inform your tour leader or local guide immediately. Alternatively, contact us on the emergency contact number detailed in the Problems and Emergency Contact section of this Essential Trip Information.

For additional Conditions of Carriage regarding COVID-19, see here: <https://www.intrepidtravel.com/conditions-carriage>

Travel Insurance

Travel insurance is compulsory on all our trips for those travelling internationally. We require that at a minimum you are covered for medical expenses including emergency repatriation. If you are travelling within your home country or region please confirm before travel that you are entitled to access the public medical system easily should an accident occur. We strongly recommend all travellers have a policy that also covers personal liability, cancellation, curtailment and loss of luggage or personal effects. For international trips, you will not be permitted to join the group until evidence of travel insurance and the insurance company's 24-hour emergency contact number has been sighted by your leader.

If you have credit card insurance your group leader will require details of the participating insurer/underwriter, the level of coverage, policy number, and emergency contact number rather than the bank's name and your credit card details. Please contact your bank for these details prior to arriving in-country.

Travellers who reside within the European Union or Switzerland receive basic international health insurance, so travel insurance is not mandatory under European Union Law. However, as this does not cover situations such as emergency rescues, private health care, or repatriation to their home country, comprehensive travel insurance is strongly recommended. European Union or Swiss travellers who decline travel insurance when travelling outside of their home region must sign a Travel Insurance Waiver Form at the Group Meeting.

For assistance with travel insurance or other services, please visit the link below:

<https://www.intrepidtravel.com/booking-resources/our-services>

Responsible Travel

Our Responsible Travel Policy outlines our commitment to preserving the environment, supporting local communities, protecting the vulnerable, and giving back to the places we travel. All our trip leaders, suppliers, and staff are trained on these principles and are core to us delivering sustainable, experience-rich travel.

Explore the different parts of our Responsible Travel Policy by visiting:

<https://www.intrepidtravel.com/responsible-travel>

LOCAL DRESS:

When packing be aware that dress standards are conservative throughout Indonesia, especially outside major cities. To respect this and for your own comfort, we strongly recommend modest clothing. This means clothing that covers your shoulders and knees for all genders. Loose, lightweight, long clothing is both respectful and cool in the predominantly hot Asian climates. In many rural areas in Asia women will need to wear modest clothing even to swim. Singlets, tank tops and topless sun bathing are all unacceptable. When visiting religious sites men often need to wear long trousers and women a long skirt or sarong.

CIVET COFFEE/KOPI LUWAK:

Civet coffee, or Kopi Luwak as it's known in Indonesia, is made from coffee beans that have been partially digested and then excreted by small cat-like mammals called civets. High demand for this expensive drink, as well as the rising popularity of Kopi Luwak with international travellers has led to a proliferation of farms across Indonesia. Investigations by World Animal Protection reveal increasing animal cruelty to meet demands. Rather than sourcing beans from the wild, producers are capturing civets (highly active nocturnal animals) and keeping them caged in cramped, inhumane conditions on farms. Due to the numerous ethical questions surrounding this coffee's production, we strongly discourage our travellers from purchasing Kopi Luwak. If you'd like to know more, visit <https://www.worldanimalprotection.org.au/news/civet-coffee-cruelty-cup>

The Intrepid Foundation

Help us change thousands of lives by creating meaningful work and supporting skills training in communities around the world.

The Intrepid Foundation is the not-for-profit for Intrepid Group. We work with local organisations around the world to improve the livelihoods of vulnerable individuals and communities through sustainable travel experiences. With our travellers' help, we've contributed more than AU \$6 million to over 100 community organisations since 2002. Did you know that tourism is one of the biggest contributors to the global economy, making up 1 out of every 10 jobs? That's why we support local projects that create meaningful jobs and give people the skills they need to work

in the destinations we take you to. And it's why we exist – to make it easy for travellers to give back to the communities and places they've been in an effective and meaningful way.

Intrepid Group covers all administration costs, every cent goes directly to the projects. Donating is simple and secure. Please ask your leader for information about the projects we support through The Intrepid Foundation or visit Our website:

<http://www.theintrepidfoundation.org/>